

INVERNESS RECREATION CLUB 2018 MASTERS SWIMMING REGISTRATION

Masters swimming is a great opportunity to have a group to train with and challenge yourself with organized workouts. All levels are welcome, and swimmer feedback on workout content is of course encouraged. Cost will be \$125. Workouts continuing into August can be organized at a later date.

Organized workout sessions are directed by Nessie Head Coach Tommy Gillespie. Total of eleven sessions over a seven week period. See below for dates, times, and makeup policy. Participants must be adults, and be members of IRC. Must have a minimum of 3 participants in total enrolled. Get your friends to signup!

Cost	\$125 per swimmer for the 11 session package
Session Time and Dates	6:20am-7:30am on Mondays and Wednesdays, weather permitting Dates: 6/18, 6/20, 6/25, 6/27, 7/2, 7/4, 7/9, 7/11, 7/16, 7/18, 7/23, 7/25, (7/4 is optional "bonus" session, 7/30 and 8/1 are makeup days)
Makeup Dates	7/30 and 8/1 are reserved as makeup days. If we have inclement weather prior to or during a sessions, and the pool closes, we will extend the dates to include a makeup. If no inclement weather closings, sessions will be completed on 7/25.
Communication	Via email, to invernesscoach@gmail.com . Participants furnish email with registration. It is strongly advised to check email prior to departing for session.

Registration Information (Please Print)

Member Name (Last, First):	
Address:	
Phone Number	E-mail address:

Acceptance/Waiver

I represent to Inverness Recreation Club, Georgetown Aquatics, and their respective contractors, agents, and board members (together, the "Swim Club") that I am in good health and have no medical or other conditions that would prevent me from participating or result in injury or harm from participating in swimming lessons. In consideration of receipt of swimming lessons for myself, I hereby release and agree to indemnify and hold harmless the Swim Club from any liability, loss, cost, claim, or damage that may result to the Swim Club as a result of or arising out of my participation in swimming lessons. I also agree that I may be filmed or photographed and that photos or videos of me may be in Swim Club promotional materials and on the Swim Club's website.

Signature: _____ Date: _____